

Syllabus for **Ballet 3**;

CRN 38650 DANC-022M-01

DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT

Instructor: Janet Shaw **Office hrs. TTh 12:45pm-1:00pm in studio**, & by appointment

Meets: Meets: TTh 11:30am-12:45pm, in PE 11U dance studio. Satisfies 1 unit of GE requirement, Area E.

CONTACT Instructor email address: shawjanet@fhda.edu

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in studio, Winter 2025

Course Description: Study and practice of the discipline and creative art of classical ballet, combining traditional techniques, center floor work, emphasizing alignment/centering, motion through space, and the acquisition of an intermediate working ballet vocabulary.

Student Learning Outcome Statements (SLO)

- **Student Learning Outcome:** Identify ballet terminology and movement at an intermediate level.
- **Student Learning Outcome:** Perform at an intermediate level ballet dance sequences with consistent confidence demonstrating coordination.

DROP POLICY: Instructor will not automatically drop students.

Must be conducted by the student, if desired.

READING: Required (*Do not purchase, yet*): **Fahey's Fit & Well** (PE Dept. Standard)

Recommended: **The Ballet Companion** by Eliza Gaynor Minden (*OK to buy now*)

FINAL EXAM Tuesday, March 25th, 11:30am-1:15pm

REQUIRED Dance performances to watch online: Watch 1 of our 9 **Options**, posted in Canvas: in the **Dance Studio** Module's **Viewing Room**. Be sure to watch ALL of the videos in the Option Group you select. Then **type up a one-page reflection** (as per instructions in Viewing Room) and submit it in our **week 11 Module**. It's due: no later than **March 23rd**, the Sunday before Final's week.

IN CLASS PARTICIPATION: Participation at class is a major portion of your grade. The second absence will need to be made up, as will each additional absence thereafter.

MAKE-UPS/ Classes can be made up by:

1. Taking the class you missed (same week, same day) using **recordings** of past, online ballet classes that are posted in the **Dance Studio** module's **Makeup Room**. After you take the class, **send me an email**, with a brief reflection on the experience.

2. Up to two classes can be made up by watching a 2nd and 3rd **Option** (see details in Module). Turn in one **TYPED** reflection (describing the information requested) for each one. Turn into the week 11 Module unit marked 1st makeup and/or 2nd makeup. Due: by the last day of instruction.

3. Attendance at these approved **LIVE** dance concerts below can count as *two makeups* (Must submit 1-page reflection & photo as described in Module); **Maximum of two** may be used for makeups (or one can be used for the Option assignment):

Sun, Jan 19 **Saratoga Symphony** (*classical music*) West Valley Presbyterian Church

3-5pm 6191 Bollinger Rd, Cupertino FREE

Feb. 6-8 **Images** (*many styles of dance*) Produced by Santa Clara Univ. Dance Dept.

8pm Louis B. Mayer Theatre, Santa Clara University, No. Parking Garage

Feb. 9 2pm 1063 Alviso St., Santa Clara CALL 408 554-4015 **for ticket prices**

March 21, 7pm **Fast Forward 2025** (*contemporary ballet*) by New Ballet/ San Jose

March 22, 2pm Hammer Theatre Center, 101 Paseo De Sn Antonio, San Jose,

Tickets \$17-135. (408) 924-8501

Websites for Dance Performances: www.baydance.com and <https://www.sanjose.org/events?category=Dance>

Participation in class = 45 points

PRIMARY, in class goals for Ballet III:

1. Keeping legs straight during tendus.
2. Pointing feet, as they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position (*wrists below elbows*).
5. Using energy throughout the entire body, dancing the movement.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.
8. Correct head alignment, at barre (*above shoulders & not slouched forward*)
9. Adding head positions to barre work
10. Increasing ability and consistency to perform turns and spot the focus

All are allowed 1 absence. Additional absences need to be “made up”

All classes are recorded & can be taken independently as a makeup, however, the majority of the classes MUST be taken live, in class.

-2 points for each missing make up

Two, 15-minute office hour **Ballet Check Ins** conducted, during weeks 4 (*required*) and 8 (*optional*), by appointment. If BOTH are completed, can also count as one makeup.

Quizzes = 35 points

Participation in online activities; each week will have a short video and very short, online multiple-choice quiz to take. May be taken multiple times until successful.

WATCH 1of 9 Option Collections of Videos & write 1 pg. reflection as per instructions.

Submit in **week 11 Module** = 10 points

Final Exam (Required)= 10 points

During final’s week. Includes:

Final class.

Final combination.

Both performed as a class & recorded.

Both played back for review during class

100 Total

Summary: If you successfully **complete all of the above**, you **will have earned an A** in this class.

Resources for Extra Help & Support are in our **Library Module** in Canvas