

Syllabus for Ballet II; CRN 38649 DANC-022L.01

DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT

Instructor: Janet Shaw **Office hrs. TTh 12:45pm-1:15pm, & by appointment**

Satisfies 1 unit of GE requirement, Area E.

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in studio, Winter 2025

Meets: TTh 11:30am-12:45pm, Satisfies 1 unit of GE requirement, Area E.

CONTACT Instructor email address: shawjanet@fhda.edu

Course Description: Introduction to the discipline and creative art of classical ballet, focusing on the development of elementary movement theory and techniques, including ballet barre and elementary center floor exercises.

Student Learning Outcome Statements (SLO)

- **Student Learning Outcome:** Analyze and employ elementary elements of classical ballet technique.
- **Student Learning Outcome:** Perform elementary center floor exercises with proper body placement and coordination.

DROP POLICY: Instructor will not automatically drop students.

Must be conducted by the student, if desired.

READING: Required (*Do not purchase, yet*): **Fahey's Fit & Well** (PE Dept. Standard)

Recommended: **The Ballet Companion** by Eliza Gaynor Minden (*OK to buy now*)

FINAL EXAM Tuesday, March 25th, 11:30am-1:15pm

REQUIRED Dance performances to watch online: Watch 1 of our 9 **Options**, posted in Canvas: in the **Dance Studio** Module's **Viewing Room**. Be sure to watch ALL of the videos in the Option Group you select. Then **type up a one-page reflection** (as per instructions in Viewing Room) and submit it in our **week 11 Module**. It's due: no later than **March 23rd**, the Sunday before Final's week.

IN CLASS PARTICIPATION: Participation at class is a major portion of your grade. The second absence will lower your grade 2 points, as will each additional absence thereafter, unless made up.

MAKE-UPS/ Classes can be made up by:

1. Taking the class you missed (same week, same day) using **recordings** of past, online ballet classes that are posted in the **Dance Studio** module's **Makeup Room**. After you take the class, **send me an email**, with a brief reflection on the experience.

2. Up to two classes can be made up by watching a 2nd and 3rd **Option** (see details in Module). Turn in one TYPED reflection (describing the information requested) for each one. Turn into the week 11 Module unit marked 1st makeup and/or 2nd makeup. Due: by the last day of instruction.

3. Attendance at these approved LIVE dance concerts below can count as *two makeups* (Must submit 1-page reflection & photo as described in Module); **Maximum of two** may be used for makeups (or one can be used for the Option assignment):

Sun, Jan 19 3-5pm	Saratoga Symphony (<i>classical music</i>) West Valley Presbyterian Church 6191 Bollinger Rd, Cupertino FREE
Feb. 6-8 8pm	Images (<i>many styles of dance</i>) Produced by Santa Clara Univ. Dance Dept. Louis B. Mayer Theatre, Santa Clara University, No. Parking Garage
Feb. 9 2pm	1063 Alviso St., Santa Clara CALL 408 554-4015 for ticket prices
March 21, 7pm	Fast Forward 2025 (<i>contemporary ballet</i>) by New Ballet/ San Jose
March 22, 2pm	Hammer Theatre Center, 101 Paseo De Sn Antonio, San Jose, Tickets \$17-135. (408) 924-8501

Resources for Extra Help & Support are in our **Dance Studio Module** in Canvas

Grading Policy:

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Participation in class =

45 points

PRIMARY, in class goals for Ballet II:

1. Keeping legs straight during tendus.
2. Pointing feet, as they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position.
5. Using energy throughout the entire body.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.

All students are allowed 1 absence. Additional absences need to be “madeup”
-2 points for each missing makeup

Two, 15-minute office hour **Ballet Check Ins** conducted, during weeks 4 and 8, by appointment.

Quizzes =

35 points

Participation in online activities; each week will have a short video and very short, online multiple-choice quiz to take. May be taken multiple times until successful.

WATCH 1of 9 Option Collections of Videos & write 1 pg. reflection as per instructions.

Submit in **week 11 Module** =

10 points

Final Exam =

10 points

During final’s week. Includes:

Final class.

Final combination.

Both performed as a class & recorded.

Both played back for review during class

100 Total

Summary: If you successfully **complete all of the above**, you **will have earned an A** in this class

FYI Websites for Dance Performances are:

www.baydance.com and <https://www.sanjose.org/events?category=Dance>