



**DE ANZA COLLEGE**  
**Alcohol and Other Drugs Prevention**  
**Program Biennial Review**  
**2022-2023 & 2023-2024**

De Anza College

**Drug-Free Schools and Campuses Regulations [EDGAR Part 86] Alcohol and Other Drug (AOD) Prevention Certification**

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

**1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student’s program of study, of:**

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use and distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities.
- A description of the applicable legal sanctions under local, state and federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with state and federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

**2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:**

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed.
- Ensure that its disciplinary sanctions are consistently enforced.

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Omar Torres (Jan 9, 2025 10:28 PST)

Dr. Omar Torres, President  
De Anza College

01/09/2025

Date

## **I. De Anza College Mission**

De Anza College provides an academically rich, multicultural learning environment that challenges students of every background to develop their intellect, character and abilities; to realize their goals; and to be socially responsible leaders in their communities, the nation and the world. The college engages students in creative work that demonstrates the knowledge, skills and attitudes contained within the college's Institutional Core Competencies:

- Communication and expression
- Information literacy
- Physical/mental wellness and personal responsibility
- Civic capacity for global, cultural, social and environmental justice
- Critical thinking

## **II. De Anza College CLERY/AOD Drug Biennial Report Committee Members**

- Dr. Michele LeBleu-Burns, Dean Student Development & EOPS
- Dr. Hyon Chu Yi-Baker, Associate Dean, Student Affairs
- Daniel Acosta, Chief, Foothill-De Anza Community College District Police
- Mary Sullivan, Faculty Director, Health Education and Wellness (Emeritus)
- Dr. Rosafel Nogra, Clinic Director, Student Health Services
- Dr. Wil Firmender, Faculty Director of Mental Health & Wellness Center
- Becket di Gregorio, Student Affairs Specialist

De Anza College's Biennial Review Committee used the Department of Education's Complying with the Drug-Free Schools and Campuses Regulations Guide including the Compliance Checklist and Supplemental Checklist to conduct the biennial review. The intention of this document is to meet the legal requirements of conducting a biennial review and to also summarize the programs and activities related to alcohol and drug prevention on the De Anza College campus during the 2022-2023 and 2023-2024 academic years. The required review has two objectives:

- To determine the effectiveness of, and to implement any needed changes to, the AOD prevention program
- To ensure that campuses enforce the disciplinary sanctions for violating standards of conduct consistently.

### III. Descriptions of the AOD program elements.

The tables on the following pages outline the elements of the colleges' Alcohol and Other Drugs Program:

<b><u>ACTIVITY</u></b>	<b><u>PERSONNEL</u></b>	<b><u>PLAN</u></b>	<b><u>TIMELINE</u></b>
Provide mental health assessment and counseling to students: in person & online.	Mental Health & Wellness Counselors	Counseling hours in the Mental Health & Wellness Center to address underlying causes of AOD abuse utilizing culturally relevant, trauma informed care practices.	Fall, Winter, Spring & Summer,
Provide awareness events regarding health promotion related to AOD abuse, domestic violence and sexual assault education to students	Health Services team	Patient education through outreach, events, class presentations and health fairs related to AOD abuse, Domestic Violence, Sexual Assault	Fall & Spring Quarter
Mental Health Promotion Information Kiosk	Mental Health & Wellness and National Association of Mental Health (NAMI)	Mental Health & Wellness employees and or volunteers maintain booth to provide: <ul style="list-style-type: none"> <li>▪ De Anza mental health and wellness information and other resources</li> <li>▪ Community-based mental health and wellness, AOD treatment information and other resources</li> </ul>	Year Round,
Weekly discussion groups with students (Groups currently include: Pride Center, Student Athletes, and AAPI)	Mental Health & Wellness Counselors and Interns	Groups are designed to promote understanding of mental health conditions and reduce the stigma surrounding such conditions within the student population. Topics will include how to recognize signs of distress, harm reduction, AOD abuse signs, suicide prevention, coping strategies and mental health resources.	Weekly Fall through Spring each academic year
Monthly meetings with local community-based agencies and mental health service providers	Mental Health & Wellness Counselors and Interns	Establish direct linkages for student to community – based AOD treatment, mental health resources and basic needs. Develop MOU's with local agencies for student referrals to AOD treatment programs.	Once per month throughout the academic year
Monthly meetings with Santa Clara County Behavioral Health Program and affiliated community partners	Health Services Clinic Director	Collaborative planning with Mental Health and Wellness program	Year round

<b><u>ACTIVITY</u></b>	<b><u>PERSONNEL</u></b>	<b><u>PLAN</u></b>	<b><u>TIMELINE</u></b>
Educational Films & Documentaries (Movies 4 Mental Health)	Mental Health & Wellness Counselors and Interns and Art with Impact (AWI), a nationwide nonprofit organization	Virtual event shows socially relevant films and documentaries regarding identity development, stigma for mental illness and AOD abuse with discuss of key themes in films with: Psychologists <ul style="list-style-type: none"> <li>▪ Psychology interns</li> <li>▪ Community mental health agencies</li> <li>▪ De Anza Student Participants</li> </ul>	At least once per quarter throughout the academic year
Event (Sonic Connections)	Mental Health & Wellness Counselors, Interns and Pride Center Coordinator	Virtual event with follow-up monthly sessions to build life skills/coping strategies, value work and commitment therapy.	Fall quarter 2023 (with monthly sessions for one year)
Mental Health Awareness Week: Activities & events	Mental Health & Wellness Counselors, Interns and Student Health Services Team	Collaborative yearly activities with De Anza College and Foothill College during Mental Health Awareness Week in May to address mental health, mindfulness, harm reduction, suicide prevention and substance abuse prevention topics among others.	Yearly during the month of May
Health Services – Denim Day and Substance Use Prevention Awareness event	Health Services team and Santa Clara County Behavioral Health Program	Annual activities with Santa Clara County Behavioral Health Program and community partners to address Substance Use Prevention and Denim Day Sexual Assault topics to students and FHDA employees.	Yearly- college opening day and Fall & Spring quarters.
Kognito simulation online training	Human Resources, Mental Health & Wellness Counselors, Interns, Faculty, Academic Counselors (Funding through California Community Colleges)	Kognito, provides online training simulations for students and employees of De Anza College. on empathetic communication skills to help during psychological distress, that can occur with substance abuse, suicide, and other issues. The focus is to build a community of respect for all students, including LGBTQI+, and veterans transitioning to college.	Year-round access until July 1. 2021
Orientation programs (general COUNS5 - and program specific ISP, Athletics PE99)	College Staff & Faculty	Ongoing awareness and prevention education through general college orientations, specific program orientations, and classroom presentations (e.g. PE99 a required course for all De Anza College athletes. It educates students re: appropriate, socially responsible decisions and promotes healthy relationships. Instructors discuss current information and resources in the prevention and awareness of alcohol and/or other substance abuse which can lead to sexual assault and other sexual misconduct.	Year round

<u>ACTIVITY</u>	<u>PERSONNEL</u>	<u>PLAN</u>	<u>TIMELINE</u>
Presentations in classrooms and for student groups.	Health Services Team	Conduct informational presentations regarding AOD abuse prevention and available mental health services and treatment options in new student orientations, Counseling 50 classes and student clubs and organizations. Ongoing class presentations conducted through ISP orientation, allied health, ISO Circle Safe Workshop, athletic program, and learning community program.	Quarterly, Fall through Spring each academic year
Mental health training activities for faculty, staff and students	Mental Health & Wellness Counselors and outside agencies	Trainings are designed to promote understanding of mental health conditions, reduce the stigma surrounding such conditions and their connection to AOD abuse. Training will also provide information on recognizing warning signs of AOD abuse, suicide prevention, procedures for reporting behaviors of concern and how to make proper referrals to mental health counseling, AOD treatment and other resources.	Fall through Spring each academic year.
Health Prevention Training Activities for staff, faculty and students	Health Services Team	Substance use prevention and Narcan training, Health Fair Events include prevention and screening for HTN, DM, Nutrition, Breast, Prostate and Testicular CA screening, and Flu Awareness Campaign. Denim Day event for Sexual Assault Awareness Campaign.	Fall through Spring each academic year.
Tabling events at Quarterly Resource fairs, Health Services fairs, other department events	Mental Health & Wellness Center	Tabling at events to provide information to our students about our on-campus and online mental health services. Provides additional information about Timely Care. Provides information to staff members who seek these resources. Hands out stress balls to students and staff.	One – two times each Quarter
<a href="#">NCHA-ACHA Survey 2023</a> and <ul style="list-style-type: none"> <li>Health Minds Survey 2021</li> </ul>	Health Education and Wellness & Health Services Team	Conduct student AOD use/abuse opinion survey to gain understanding of student habits and attitudes about substance use. <a href="#">NCHA-ACHA Survey 2023</a> ; <a href="#">Healthy Minds Survey 2021</a>	Surveys conducted every 2-3 years.
e-Checkup to Go program in student portal for personalized, evidence-based online behavior intervention for Alcohol. Wellbeing Plan and Short Screener	Health Services Staff / Student Affairs Staff	Utilize online program as a consistent sanction for AOD Conduct Code Violations. Refer students to online program during class presentations on AOD. Faculty often direct students to use e-Checkup as a classroom assignment. Promoted to student during new student orientations	Year round.

#### IV. Statement of AOD program goals and a discussion of goal achievement

The goals of the De Anza College Alcohol and Other Drugs program include:

- Goal #1: Reduce the abuse rates of AOD among De Anza College Students.
- Goal #2: Ensure consistent enforcement of disciplinary sanctions for violations of standards of conduct addressing individual student's needs.
- Goal #3: Provide referrals to students and employees seeking treatment for mental health concerns and AOD abuse
- Goal #4: Educate students and employees to enhance their knowledge of the negative effects of abuse of alcohol and other drugs.
- Goal #5: Educate students how to assess their relationship with alcohol and other drugs, and harm reduction strategies through online programs, in-person events and social support groups addressing healthy coping strategies, positive mental health and self-care.

##### AOD Goal Achievement

Goal #1: Reduce the abuse rates of AOD among De Anza College Students -**Achieved**.

The Clery data liquor law and drug violation data (below) remain low with very few incidents across each campus, though recognition should be given to the effects of campus shut down on March 16, 2020 due to the COVID pandemic. The district went to remote learning and only over the past three years began increasing in-person classes as health regulations and infection rates decreased. We recognized many students' experienced uncertainty, stress, social isolation, and depression during this historic pandemic. In response, the AOD program expanded focus on mental health, harm reduction, coping strategies, social reconnection and support groups,

Goal #2: Ensure consistent enforcement of disciplinary sanctions for violations of standards of conduct addressing individual student's needs - **Achieved**.

De Anza College offers a wide range of programs and services through prevention, education, intervention, and referrals to treatment. The Dean of Student Development and Faculty Director of College Life & Judicial Affairs officer collaborates with students, faculty and staff to support a comprehensive substance abuse prevention program rooted in harm reduction and community public health, focused on promoting health and safety among all members of the De Anza College Community. This includes reduction of harm with consistent, timely intervention when AOD policy violations occur.

Goal #3: Provide referrals to students and employees seeking treatment for mental health concerns and AOD abuse - **Achieved for students**.

Goal #4: Educate students and employees to enhance their knowledge of the negative effects of abuse of alcohol and other drugs - **Achieved**.

Goal #5: Educate students how to assess their relationship with alcohol and other drugs, and harm reduction strategies through online programs, in-person events and social support groups addressing healthy coping strategies, positive mental health and self-care - **Achieved**.

<b>Liquor Law</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>
De Anza	0	2	0	1
Foothill	0	0	1	0
Sunnyvale	0	0	0	0
<b>TOTAL</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>1</b>

<b>Drug Violations</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>
De Anza	0	2	1	3
Foothill	0	1	1	0
Sunnyvale	0	0	0	0
<b>TOTAL</b>	<b>0</b>	<b>3</b>	<b>2</b>	<b>3</b>

**De Anza NCHA 2023 Survey Data:** (Cis Men n= 133; Cis Women n= 202; Trans/GNC n= 17)

<b>Negatively impacted academic performance among all students in sample (Percent %)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Alcohol use	0.8	1.0	0.0	0.8
Cannabis/marijuana use	1.5	0.5	0.0	0.8

<b>Negatively impacted academic performance among only students that experienced the issue (Percent %)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Alcohol use	1.5	1.9	0.0	1.7
Cannabis/marijuana use	6.9	3.3	0.0	4.6

<b>Tobacco, Alcohol, and Other Drug Use – Ever Used (Percent %)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	22.9	15.3	17.6	18.0
Alcoholic beverages (beer, wine, liquor, etc.)	45.4	44.6	70.6	46.0
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	26.7	21.8	41.2	24.5
Cocaine (coke, crack, etc.)	3.1	5.5	5.9	4.6
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]	9.2	4.0	0.0	5.9
Methamphetamine (speed, crystal meth, ice, etc.)	0.0	1.0	0.0	0.6
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	4.6	2.0	0.0	2.8
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	5.3	2.0	5.9	3.4
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	7.7	4.5	6.3	5.7
Heroin	1.6	0.5	0.0	0.9



Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]	3.1	2.5	5.9	2.8
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*\*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.*

<b>Tobacco, Alcohol, and Other Drug Use – *Used in the last 3 months (Percent %)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Tobacco or nicotine delivery products (cigarettes, e-cigarettes, Juul or other vape products, water pipe or hookah, chewing tobacco, cigars, etc.)	12.8	7.4	0.0	8.9
Alcoholic beverages (beer, wine, liquor, etc.)	36.8	35.6	52.9	36.6
Cannabis (marijuana, weed, hash, edibles, vaped cannabis, etc.) [Please report nonmedical use only.]	16.5	11.4	23.5	13.9
Cocaine (coke, crack, etc.)	0.8	1.0	0.0	0.8
Prescription stimulants (Ritalin, Concerta, Dexedrine, Adderall, diet pills, etc.) [Please report nonmedical use only.]	4.5	1.5	0.0	2.5
Methamphetamine (speed, crystal meth, ice, etc.)	0.0	0.0	0.0	0.0
Inhalants (poppers, nitrous, glue, gas, paint thinner, etc.)	3.0	0.5	0.0	1.4
Sedatives or Sleeping Pills (Valium, Ativan, Xanax, Klonopin, Librium, Rohypnol, GHB, etc.) [Please report nonmedical use only.]	1.5	0.5	0.0	0.8
Hallucinogens (Ecstasy, MDMA, Molly, LSD, acid, mushrooms, PCP, Special K, etc.)	1.5	1.0	0.0	1.1
Heroin	0.8	0.5	0.0	0.6
Prescription opioids (morphine, codeine, fentanyl, oxycodone [OxyContin, Percocet], hydrocodone [Vicodin], methadone, buprenorphine [Suboxone], etc.) [Please report nonmedical use only.]	0.8	0.0	0.0	0.3

*\*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.*

<b>Substance Specific Involvement Scores (SSIS) from the ASSIST *Moderate risk use of the substance Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Tobacco or nicotine delivery products	8.3	5.4	0.0	6.1
Alcoholic beverages	4.5	3.5	11.8	4.2
Cannabis (nonmedical use)	11.3	8.4	17.6	10.0
Cocaine	0.8	1.0	0.0	0.8
Prescription stimulants (nonmedical use)	1.5	1.5	0.0	1.4
Methamphetamine	0.0	0.0	0.0	0.0
Inhalants	0.8	0.5	0.0	0.6
Sedatives or Sleeping Pills (nonmedical use)	0.8	0.5	0.0	0.6

Hallucinogens	0.0	0.0	0.0	0.0
Heroin	0.8	0.0	0.0	0.3
Prescription opioids (nonmedical use)	0.8	0.0	0.0	0.3
<i>*These figures use all students in the sample as the denominator, rather than just those students who reported lifetime use.</i>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
<b>Substance Specific Involvement Scores (SSIS) from the ASSIST *High risk use of the substance Percent (%)</b>				
Tobacco or nicotine delivery products	0.8	0.0	0.0	0.3
Alcoholic beverages	1.5	1.0	0.0	1.1
Cannabis (nonmedical use)	1.5	0.0	0.0	0.6
Cocaine	0.0	0.0	0.0	0.0
Prescription stimulants (nonmedical use)	0.0	0.0	0.0	0.0
Methamphetamine	0.0	0.0	0.0	0.0
Inhalants	0.0	0.0	0.0	0.0
Sedatives or Sleeping Pills (nonmedical use)	0.0	0.0	0.0	0.0
Hallucinogens	0.0	0.0	0.0	0.0
Heroin	0.0	0.0	0.0	0.0
Prescription opioids (nonmedical use)	0.0	0.0	0.0	0.0

<b>*Proportion of students who were prescribed a medication and used more than prescribed or more often than prescribed in the past 3 months. Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Prescription stimulants	1.5	0.5	0.0	0.8
Prescription sedatives or sleeping pills	0.8	0.5	0.0	0.6
Prescription opioids	0.0	0.0	0.0	0.0

*\*These figures use all students in the sample as the denominator, rather than just those students who reported having a prescription. Note that the title of this table was changed in Fall 2022, but the figures remain the same.*

<b>*Tobacco or nicotine delivery products used in the last 3 months Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Cigarettes	3.8	1.5	0.0	2.2
E-cigarettes or other vape products (for example: Juul, etc.)	10.5	5.9	0.0	7.2
Water pipe or hookah	0.8	0.5	0.0	0.6
Chewing or smokeless tobacco	0.0	0.0	0.0	0.0
Cigars or little cigars	1.5	0.0	0.0	0.6
Other	0.0	0.0	0.0	0.0

*\*These figures use all students in the sample as the denominator, rather than just those students who reported tobacco or nicotine delivery product use in the last 3 months.*

### Students in Recovery

- 2.8% of college students surveyed (2.6% cis men, 2.5% cis women, and 7.7% transgender/gender non-confirming) indicated they were in recovery from alcohol or other drug use.

<b>When, if ever, was the last time you drank Alcohol</b> <i>Percent (%)</i>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Never	40.2	41.6	23.5	40.8
Within the last 2 weeks	25.8	19.8	29.4	22.3
More than 2 weeks ago but within the last 30 days	7.6	7.9	5.9	7.8
More than 30 days ago but within the last 3 months	8.3	12.4	11.8	10.6
More than 3 months ago but within the last 12 months	8.3	11.4	17.6	10.3
More than 12 months ago	9.8	6.9	11.8	8.1

<b>When, if ever, was the last time you used</b> <b>*Cannabis/Marijuana</b> <i>Percent (%)</i>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Never	67.4	73.3	58.8	70.4
Within the last 2 weeks	12.1	6.9	11.8	8.9
More than 2 weeks ago but within the last 30 days	1.5	2.5	5.9	2.5
More than 30 days ago but within the last 3 months	5.3	2.0	0.0	3.1
More than 3 months ago but within the last 12 months	3.0	5.0	5.9	4.5
More than 12 months ago	10.6	10.4	17.6	10.6

*\*Students were instructed to include medical and non-medical use of cannabis.*

### **Driving under the influence**

- 10.9% of college students reported driving after having **any alcohol** in the last 30 days. \*

*\*Only students who reported driving in the last 30 days and drinking alcohol in the last 30 days were asked this question.*

- 25.8% of college students reported driving within 6 hours of using cannabis/marijuana in the last 30 days. \*

*\*Only students who reported driving in the last 30 days and using cannabis in the last 30 days were asked this question.*

**Estimated Blood Alcohol Concentration** (or eBAC) of college students. Due to the improbability of a student surviving a drinking episode resulting in an extremely high eBAC, all students with an eBAC of 0.50 or higher are also omitted from these eBAC figures. eBAC is an estimated figure based on the reported number of drinks consumed during the last time they drank alcohol in a social setting, their approximate time of consumption, sex, weight, and the average rate of ethanol metabolism. Only students who reported drinking alcohol within the last 3 months answered these questions.

<b>Estimated BAC</b> <i>Percent (%)</i>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
< .08	83.0	83.5	85.7	83.5
< .10	88.7	89.9	85.7	89.2

Mean	0.04	0.04	0.04	0.04
Median	0.01	0.02	0.02	0.02
Std Dev	0.06	0.07	0.07	0.06

<b>*Reported number of drinks consumed the last time students drank alcohol in a social setting. Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
4 or fewer	70.4	85.2	87.5	80.0
5	1.9	4.9	0.0	3.4
6	11.1	4.9	0.0	6.9
7 or more	16.7	4.9	12.5	9.7

Mean	3.7	2.5	1.9	2.9
Median	2.0	2.0	1.0	2.0
Std Dev	3.4	2.5	2.2	2.9

*\*Only students who reported drinking alcohol in the last three months were asked this question.*

<b>*Reported number of times college students consumed five or more drinks in a sitting within the last two weeks among ALL students surveyed. Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Did not drink alcohol in the last two weeks (includes non-drinkers)	74.2	80.2	70.6	77.7
None	14.4	11.9	29.4	13.7
1-2 times	9.1	7.4	0.0	7.5
3-5 times	0.8	0.5	0.0	0.6
6 or more times	1.5	0.0	0.0	0.6

*\*Only students who reported drinking alcohol in the last two weeks were asked this question.*

<b>*Reported number of times college students consumed five or more drinks in a sitting within the last two weeks among those who reported drinking alcohol within the last two weeks. Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Did not drink alcohol in the last two weeks (includes non-drinkers)				
None	55.9	60.0	100.0	61.3
1-2 times	35.3	37.5	0.0	33.8
3-5 times	2.9	2.5	0.0	2.5
6 or more times	5.9	0.0	0.0	2.5

*\*Only students who reported drinking alcohol in the last two weeks were asked this question.*

<b>*College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol: Percent (%)</b>	<b>Cis Men</b>	<b>Cis Women</b>	<b>Trans/Gender Non-confirming</b>	<b>Total</b>
Did something I later regretted	15.4	12.6	9.1	13.3
Blackout (forgot where I was or what I did for a <b>large period of time and cannot remember</b> , even when someone reminds me)	9.2	3.9	27.3	7.2
Brownout (forgot where I was or what I did for <b>short periods of time, but can remember</b> once someone reminds me)	23.1	10.6	18.2	15.4
Got in trouble with the police	3.1	0.0	0.0	1.1
Got in trouble with college/university authorities	0.0	0.0	0.0	0.0
Someone had sex with me <b>without my consent</b>	0.0	0.0	0.0	0.0
Had sex with someone <b>without their consent</b>	0.0	1.0	0.0	0.5
Had unprotected sex	9.4	3.8	9.1	6.1
Physically injured myself	7.7	1.0	18.2	4.4
Physically injured another person	1.5	1.0	0.0	1.1

Seriously considered suicide	0.0	1.0	9.1	1.1
Needed medical help	1.5	0.0	0.0	0.5
<b>Reported two or more of the above</b>	25.4	10.8	27.3	17.0

*\*Only students who reported drinking alcohol in the last 12 months were asked these questions.*

## De Anza College Healthy Minds Survey 2021

The Healthy Minds Survey campus survey was conducted at De Anza in January of 2021. Data collected from 743 respondents via this survey provided information about student related AOD use and abuse. Gathering data for this survey was essential to the college's efforts to gather more recent and additional data for AOD use and abuse rates among students to set priorities for services provision and resource allocation. The following table provides detailed statistics for alcohol and drug use among De Anza College students:

Percent	Drug use: Over the past 30 days, have you used any of the following drugs*
19%	Marijuana
1%	Cocaine
1%	Other stimulants (Ritalin, Adderall) without prescription or more than prescribed
1%	LSD
1%	Psilocybin (aka magic mushrooms, boomers, shrooms)
1%	Other drugs without prescription
79%	No, none of these

\*These figures indicate that some students are using more than one type of drug.

Percent	During the last 2 weeks, how many times have you had 4 (female), 5 (male), 4 or 5 (other gender) or more alcoholic drinks in a row?
1%	10 or more times
1%	6-9 times
13%	3-5 times
20%	2 times
19%	1 time
46%	0 Times

Substance abuse treatment program referral for students and/or non-district insured employees are dependent on the type of insurance under when they are currently covered. If the individuals are uninsured, then a local community resource/treatments programs are utilized. All permanent district employees have access to the district Employee Assistance Program (EAP) for referral to mental health and substance abuse programs and services. Based upon these goals and the activities in place to support them, the college's AOD policy violations are low for a campus this size.

### Summaries of AOD program strengths and weaknesses.

Due to the lingering effects of the COVID pandemic, there has been a major disruption of AOD student services and activities. The current limitations of the AOD program include limited staffing to

conduct AOD activities, the challenge of serving a commuter and transitory student population remotely in a virtual environment. The following outlines the major strengths and weaknesses of the college's AOD prevention program,

### **Strengths**

- In 2023, the De Anza College Student Health Services department received a \$4,999 stipend from the Santa Clara County Department of Behavioral Health Services to fund substance abuse prevention and education activities for De Anza College students, faculty and staff.
- The Mental Health and Wellness Center has expanded its in-person social support groups addressing healthy coping strategies, positive mental health and self-care including relationship to alcohol and other drugs, and harm reduction strategies
- The campus has invested in numerous activities and resources for student and employee AOD education and training. (See table on pages 3 to 5)
- The college has implemented e-Checkup to Go as a comprehensive online tool for AOD use and abuse self-assessment and education available for students and employees.
- The campus continues to collect data regarding student AOD use and abuse to inform its priorities in program offerings and resource allocation.
- The college has recently implemented a service for students to have access to 24/7 crisis counseling and referrals to mental health resources.
- For the previous reporting period, the AOD prevention programs did not use a set of objective standards (i.e. CAS) for program assessment. However, in this current cycle, the AOD prevention program is currently incorporated in the Health Services program review and assessment process.
- The college has offered numerous activities and resources for student and employee AOD education activities remotely and virtually.

### **Weaknesses**

- The campus lacks adequate resources to provide comprehensive in-house AOD treatment, follow-up and case management for students.
- The campus has focused its data collection primarily on students with little or no data collected from employees to determine resources needed to support faculty and staff.
- The AOD prevention program could benefit from more proactive mechanisms for distributing AOD policies to employees and students.

## **V. Procedures for distributing Annual AOD notification to Students and Employees.**

AOD Notifications are distributed to students and employees annually four times per year via the class schedule (Fall, Winter, Spring & Summer quarter) which is made available to the entire student and staff population plus the communities within the Foothill De Anza College district. In addition, The College web site has a direct link to "Drug-Free Schools And Campuses Act" of 1989 and the "Drug-Free Workplace Act" of 1988. The health risks, legal sanctions, and referrals for assistance are listed there. This can be found at:

[https://www.deanza.edu/policies/drugs\\_alcohol.html](https://www.deanza.edu/policies/drugs_alcohol.html)

New Foothill De Anza Community College employees receive copies of the district's AOD policies with their new hire packet (either online or in person). The Human Resources Department also distributes AOD information to all employees via email and on the campus CWID Portal/Banner. In addition, AOD policy information is included in workplace posters located at the following places:

- FHDA Sunnyvale Education Center
- De Anza College (Administration building and Financial Aid office)
- Foothill College (Administration building and Financial Aid office)
- Central Services (main employee break room)

## **VI. Copies of the AOD Policies Distributed to Students and Employees.**

Copies of the alcohol and/or other illegal drug policy can be found online and throughout the campus in various locations. This information is located in the college catalog published annually, in the quarterly class schedules and is made available to the entire student and staff population and the community served by the Foothill De Anza Community College District. This information is also located in the Human Resources Department, the District Police Department and on the Foothill De Anza Community College website. The District/College Policies for Alcohol and Other Drug Abuse Prevention Links section provides the links for accessing the relevant policies and resources for this review.

## **VII. Recommendations for Revising AOD programs.**

### Updates to Previous Recommendations from the 2021-2022 Biennial Report:

- Ensure that the majority of AOD activities, services, and resources can be provided and promoted remotely and virtually
  - During the pandemic, the majority of the activities and events were offered remotely/virtually via Zoom. Now that the campus has reopened, events are offered in person, virtually or in a hybrid format.
- Secure increased funding allocated for staffing and additional case management resources.
  - Funds have been allocated to hire a Health Education & Wellness Coordinator to provide education and information for healthy life habits, mental health and AOD abuse prevention events and activities. Case management support is still a priority for additional funding to be secured in the future.
- Implement the use of CAS standards for Alcohol and Other Drugs Programs to establish program evaluation criteria for future program review processes and Biennial Reports.
  - Elements of the CAS standards for health promotion and AOD were included in the Clinical Health Services CAS program review. This information will be essential to establishing more robust AOD educational and prevention activities.
- Conduct annual anonymous survey of AOD use and abuse among students and employees
  - A survey in 2021 gathered data from 743 De Anza College students regarding their drug and alcohol use. There are no current plans to gather AOD use data from employees.
- Mandate that all students complete e-Checkup to Go as a part of the New Student Orientation process.
  - This item is currently in discussion/progress.
- Develop AOD abuse prevention training curriculum specifically for faculty and staff.
  - This item is currently in the research phase.
- Develop more active and consistent mechanisms for distributing AOD policies to employees and students. Ensure that the college's means of distribution provide adequate assurance that each employee and student receive the materials annually.
  - With more employees returning to campus, the campus and district will need to determine the best approaches for mass distribution of AOD policies and educational materials.

### Current Recommendations:

- Due to many staffing changes in key areas of the campus and district, the AOD Biennial Report Committee will need to select new members for the next Biennial report cycle.
- Secure increased funding allocated for AOD treatment referral and case management resources.
- Fully Implement CAS standards for Alcohol and Other Drugs Programs to establish program evaluation criteria for future program review processes and Biennial Reports.
- Conduct annual anonymous survey of AOD use and abuse among employees
- Develop AOD abuse prevention training curriculum specifically for faculty and staff when the new Health Educator is hired.
- Develop effective and consistent mechanisms for distributing AOD policies, information and resources to employees and students annually.

### **VIII. Information Regarding Violations and Sanctions for AOD Abuse on Campus.**

De Anza college students who violate the Foothill -De Anza Community College District student conduct policies on drug and alcohol possession, use, sale or being under the influence of a controlled substance on campus are subject to discipline as outlined in the FHDA Administrative Procedure 5500: Student Due Process and Discipline. Sanctions for such violations on campus typically include the following:

- Suspension – Exclusion of the student from the college for one or more terms.
- Expulsion – Permanent exclusion from all colleges in the district.
- Behavioral Contract – A document which sets the standards and expectations for appropriate behavior.
- Mandated assessment – To determine the severity of AOD abuse and risk of harm to self and others.
- Alcohol and drug prevention education.
- Other Actions: In addition to or in place of the above sanctions, the college may assign any other sanctions as deemed appropriate.
- Criminal arrest and prosecution by local law enforcement by the FHDA District Police and Santa Clara County District Attorney's Office.

Employees who violate the district's Drug Free Workplace policies are subject to employee discipline up to dismissal/termination in accordance with employee collective bargaining agreements and FHDA Board Policy 4500: *Drug Free Workplace* and Board Policy 4505: *Drug Testing*.

The effectiveness of documented cases of disciplinary sanctions imposed on students is determined by the student, the office or Student Judicial Affairs and the Dean of Student Development. The Human Resources Department is responsible for assessing the effectiveness of AOD employee disciplinary actions per district policy. The FHDA district police handles all criminal matters related to AOD possession, furnishing, use or sale on campus in accordance with the California Penal Code. Therefore, the follow-up on these situations is handled by the appropriate entity based on legal authority and purview.



## **IX. District/College Policies for Alcohol and Other Drug Abuse Prevention Links:**

### **De Anza Drug and Alcohol Policies, information and Resources:**

- <https://www.deanza.edu/healthservices/wellness/drugs-alcohol.html>

### **FHDA Annual Clery Report**

- <https://police.fhda.edu/resources-top-menu/security-reports/2024%20FHDA%20Annual%20Security%20Report%20Final%20v2.pdf>

### **FHDA Student Code of Conduct:**

- <https://go.boarddocs.com/ca/fhda/Board.nsf/goto?open&id=9U2UC77B2DA5>

### **FHDA Student Due Process and Discipline Procedures:**

- <https://go.boarddocs.com/ca/fhda/Board.nsf/goto?open&id=9U2UGB7BD19B>

### **De Anza Student Consumer Information Disclosures**

- <https://www.deanza.edu/policies/consumer.html>

### **FHDA District Board Policy - Alcohol on Campus**

- <https://go.boarddocs.com/ca/fhda/Board.nsf/goto?open&id=9TTVTW825097>

### **FHDA Board Policy – Drug Free Workplace**

- <https://go.boarddocs.com/ca/fhda/Board.nsf/goto?open&id=9TUUJ77901E7>

### **FHDA Board Policy – Drug Testing**

- <https://hr.fhda.edu/downloads/4505.pdf>

### **FHDA Employee Assistance Program**

- <https://hr.fhda.edu/benefits/eap.html>

### **Nursing student Handbook - Nursing Student Drug and Substance Abuse Policy**

- <https://www.deanza.edu/nursing/documents/De%20Anza%20College%20Nursing%20Program%20Drug%20and%20Substance%20Abuse%20Policy.pdf>

### **Complying with Drug Free Schools and Campus Regulations [EDGAR Part 86]**

- <https://safesupportivelearning.ed.gov/sites/default/files/hec/product/dfscr.pdf>






# De Anza Biennial Alcohol and Other Drug Report 2022-2024

Final Audit Report

2025-01-09

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