AFTER-WORDS

A NEWSLETTER FOR THE RETIREES OF THE FOOTHILL-DE ANZA COMMUNITY COLLEGE DISTRICT

VOLUME XLX, ISSUE 5

WWW.DEANZA.EDU/FODARA





Pizza Thing!

On Thursday October 24th, FODARA held its annual Pizza Thing event at Tony & Alba's Pizza and Pasta restaurant in San Jose. The decoration committee made up of Melodie Cheney, Maureen Gates, Gail Paccioretti, and La Donna Yumori-Kaku did a great job using Linda Conroy's Halloween decorations to create a fun, festive and enjoyable environment.

At this first FODARA fall event of the year, 21 members and guests had a great time visiting with each other and eating some delicious salad, pizza, and drinks, followed by some delicious cookies provided by Diane Hawley. Towards the end of the event, La Donna Yumori-Kaku gave out prizes to Margaret Obenour who was the first person to sign up, Diane and Jim Hawley for the best costumes, Nancy Charnoski for being Lucky 13 on our registration list, Shirley Chappell and Don Nickel.





At this event some FODARA members participated in Tony & Alba's Festival of Sock Giving by donating new socks during their Socktoberfest.

You can see more pictures of all the fun on our website at

https://www.deanza.edu/fodara/pictures.html



November 2024

Don't forget to save the date and attend our annual Holiday Party on the De Anza College Campus, Thursday, December 12th from 11:30am-1:30 pm, where some beautiful Poinsettia plants will be given to a lucky winner at each table. There will also be a drawing for other wonderful prizes. If anyone would like to contribute a prize for this fun drawing please contact La Donna Yumori-Kaku at laringo1@me.com.







Since November is a month for giving thanks, The FODARA Board and members would like to take this opportunity to thank Chancellor Lee Lambert and Assistant to the Chancellor Carla Maitland for their ongoing support and help with the printing and mailing of the FODARA After-Words Newsletter. Doing this enables a small group of members the opportunity to receive hard copies of our newsletter that is published 5 times a year, in September, November, January, March, and June. The newsletter publishes vital information to members on

- Updates of retiree interests and activities
- Schedules of upcoming events
- Up-to-date information on retiree benefits
- Information on health insurance issues



FODARA HOLIDAY PARTY 2024

A funny thing happened when I went to visit Patrick Gannon on his "last" day of work October 24 before retiring...he said the decision to close down Dining Services at De Anza had been delayed until June 2025. **WHAT????** And, to his credit, he agreed to extend his retirement date also until June 2025 so he can lead his staff and crew through the transition into what will come next.

So...what does that mean for FODARA? WE ARE HAVING ANOTHER LAST HOLIDAY PARTY AT DE ANZA!!

So please RSVP and join us again this year with the same menu, the same location and the same wonderful food. We can thank Patrick again for supporting FODARA all these years!

-Cindy Castillo

What:A delicious lunchCost:\$35 for entrée, sides, beverageWhen:Thursday, December 12, 11:30 amWhere:De Anza Campus Center, Conference Room B

Please RSVP by November 29 or earlier

Retiree Name
Guest Name(s)
Number of menu choices for retiree and guest(s) Prime Rib Salmon Vegetarian
Please reserve total places @ \$35 per person \$
Please add any voluntary \$10 FODARA membership dues \$
Please add any voluntary donations toward scholarships \$
FOTAL AMOUNT ENCLOSED \$
Make check payable to "FODARA" and mail it along with reservation form to: Bill Lewis 1380 Elwood Dr. Los Gatos, CA 95032
For questions, contact Bill at 408-639-9919 or billlosgatos@gmail.com

Fun Things to do this Holiday Season

• 37th Annual Christmas Crèche Exhibit, the longest-running community-led annual nativity exhibit in the United States. December 7-11, 12:30-8:30 pm. The exhibit will be held at 3865 Middlefield Rd Palo Alto, CA 94303 featuring nativities from 30+ countries, festive concerts, marionette shows, artists in action, hands-on activities for all ages. See <u>christmascreche.org</u>. Everyone is welcome! Admission is free.

• 68th Annual Children's Christmas/Holidays Parade will be held on Saturday, December 7, 2024, 11:00AM rain or shine! The location will be in downtown Los Gatos.

• Holidays at Filoli: Have you ever been to the beautiful Filoli Estate & Gardens in Woodside California?

If not, here is a chance to see the beautiful estate and gardens decked out in holiday splendor. Linda Conroy has a membership that gives her a 20 % discount on tickets to Filoli and she would like to invite you to join a group to visit on Tuesday December 16th or Wednesday December 17th during the afternoon from 12-3:30 pm for \$30 or in the evening to see the Holiday lights indoor and outside from 5:30 pm-9 pm for \$36. If you're interested, please call, text or email Linda at 408 966-5703 or at lsiqcon@aol.com by Friday November 22nd. For more information on Filoli Gardens go to <u>filoli.org</u>.



Congratulations to the following retirees:

Pat Hyland, Interim Vice Chancellor of Human Resources and Equal Opportunity, Central Services

Bill Matsumoto, Instructional Technology Systems Engineer, Central Services



Joint Labor Management Benefits Council Meetings Summary

Meetings of JLMBC started during Spring Quarter, 2024 - initially from monthly to every six weeks until increasing to weekly during latter weeks of the '24 Summer session. George Robles and Susanne Chan coordinated attendance at first due to personal schedules; both attended the latter meetings during Summer Quarter as "deadlines" for negotiations approached.

1. Bargaining units requested cost comparison information from surrounding educational organizations to find a more cost effective yet comparable health benefits and services offered by the current plan services administrator, CalPERS. Research demonstrated that CalPERS program offered most providers and services with 'best value' costs; data from CalPERS arrived at the end of June/July.

2. Changes in personnel within HR impacted the coordination of JLMBC scheduled meetings between members.

3. Projections from all the health benefits providers early on indicated significant price increases of at least 10.2%. Bargaining units were interested in salary increases across the board for its active members and to continue the sharing ratio of 85/15 of health costs utilizing remaining dollars from the rate stabilization fund (created in 1997 as part of the plan.)

4. In late July, data from CalPERS including current providers Kaiser, Blue Cross, Blue Shield, United Health, Western Advantage for HMO, PPO and PPO+ programs offered the lowest increases for the most services including Delta Dental and VSP services. (Additional options such as legal services, long term disability, variations of dental and vision services were discussed.)

5. Initial CalPERS projections for retirees' premiums would increase 19.8% as claims increased significantly during the past year. FHDA continues to be "self-insured with CalPERS serving as plan administrators, subcontracting to health insurance umbrella groups such as Blue Cross, Blue Shield, United Health Care, Kaiser, etc. as the services coordinators.)

6. As the end of the Summer Session "deadlines" loomed. Management and bargaining units increased the intensity and seriousness of negotiations.

Everyone Needs to Plan Their Estate!

The Foothill-De Anza Foundation recently sponsored a webinar for FODARA members and others on estate and charitable planning. If you were unable to attend, the one-hour zoom webinar was recorded and is posted online for your viewing pleasure! Go to FODARA's calendar

at <u>https://www.deanza.edu/fodara/calendar.html</u> and look for Oct 17 Estate Webinar where the Notes will have a link "View webinar online". Click on the word online and it will take you to see the very informative session, courtesy of your FHDA Foundation!

-Cindy Castillo

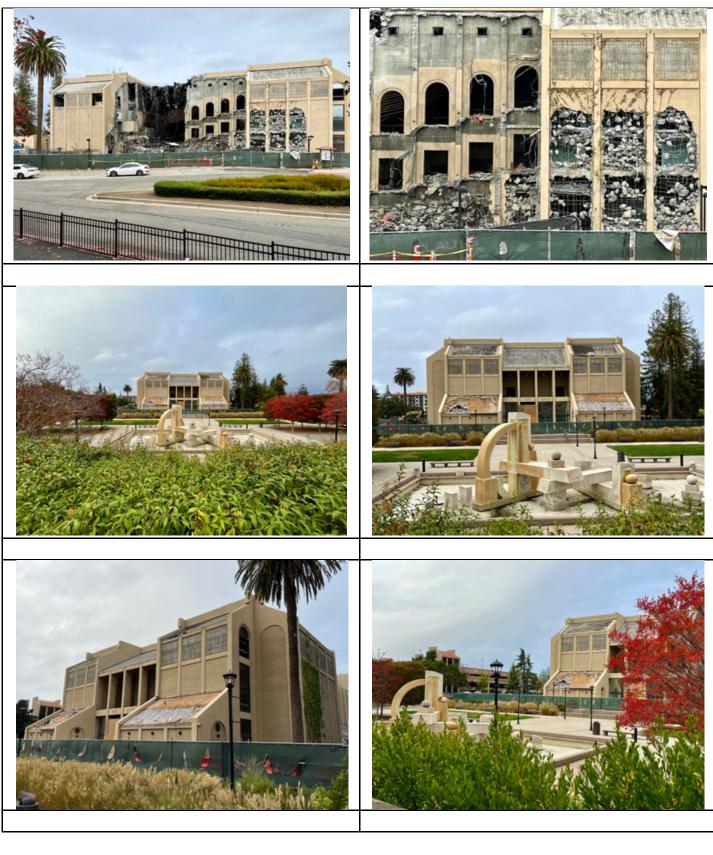
De Anza Coach and Athletics Director Inducted into Pioneers Hall of Fame

On a recent Saturday evening on the campus of Cal State East Bay, four individuals and a softball team were inducted into the Pioneers Hall of Fame. The Class of 2024 includes the 1999-2000 Softball Teams, Lorenzo Hall (Men's Basketball), Dorie Krepton (Gymnastics), Bob Olsen (Men's Track & Field) and Kulwant Singh (Men's and Women's Soccer).

Just a few of Kulwant's accomplishments include...



- Singh served as the Assistant Coach for the women's team that won six straight conference championships from 1984 to 1989
- Was on the coaching staff alongside Pioneer Hall of Famer Colin Lindores
- In 1985, he coached the women's team to an undefeated regular season (18-0) and lost to UCSB on a golden goal in the NCAA Playoffs
- Assistant Coach for the 1988 NCAA Division II Women's Soccer Championship team
- 1989 Men's Soccer team reached the semifinals of the NCAA Division II Championship
- Also played on the pitch as a Pioneer prior to coaching in Hayward
- Served as Commissioner for the Central Valley Conference
- In March of 2016, Singh was selected as a NACDA Junior/Community College Under Armour Regional Athletics Director of the Year.
- He served as a member of the Management Council of the California Community College Athletics Association (CCCAA) for 10 years. He has served in different capacities for the CCCAA over the years, including committees for Policy, Fall Festival, Competition, Diversity & Inclusion, and Social Media.



In Memoriam – Flint Center – November 13, 2024

1969 – 2024 For more info: https://www.fhda.edu/FlintCenter.html

From the Archives...De Anza Days!



Two students hold up a promotional sign for De Anza Day in 1978.

De Anza Days began in 1971, only four short years after the college opened its doors to students, and would continue to be held on the first Sunday in June until the mid 1990s. It was called a "community recreation fair." The only cost to attendees was food and crafts – almost everything else was free. The only exception was a ride in a hot air balloon, which cost \$5.

The entertainment and sporting events ranged from hot air balloon racing to underwater monopoly. Included in the 1975 events were a raft rally between members of the 49ers and the Raiders, clown diving and competitive

diving. Hot air balloon racing became a regular feature. Miniature cars competed on miniature race tracks, all under remote control.

Don Hogan, De Anza Days committee chair, said in 1975: "De Anza Day provides the goodwill that is so important today. It is a magic word in the community; there is only one De Anza Day. On the first Sunday in June of 1987, it will still be here."

In 1972, only the second year of the event, forty thousand people came to see water polo, fashion shows and Olympic diving competition at the pool. The fine arts were represented with weaving and needlepoint exhibitions, along with "glu-ins" for the



Synchronized swimming was a popular attraction at the pool.



An underwater game of monopoly is played by students at the bottom of the De Anza pool.

kids. The Campus Center had booths where people could explore their political leanings and, on the lower level, could see a cake decorating display. Folk dancing and ballet could be experienced inside the Flint Center. There was a concert by the jazz great Count Basie and a noon time parachute jump called Doc Goodman's Flying Magic Show. The jumpers formed two-and-three-man star clusters and, jumping from over 5,000 feet, would then open their chutes with explosions of bright color while the audience cheered. The San Francisco Aquanuts performed their zany show at the pool, including acrobatic stunts while jumping, falling and diving off the diving boards. Gymnastic exhibitions were held in the nearby gym.



In the 90s, a beach was imported for use in front of the library.

In 1974, the Goodyear dirigible floated over the campus, where numerous world records were being set for the Guiness Book of World Records. Some of the world records set that year at De Anza included a man eating three whole lemons in 99 seconds, followed by eating a large pizza in just over 6 minutes. A skateboard speed record was set by riding a skateboard for one mile in only 5 minutes and 22 seconds. An eleven-year-old girl hopped on one foot for five hours and thirty-one

minutes, and two men played badminton for a full twenty-four hours non-stop. The chairperson of the event estimated that the crowds consumed over one ton of watermelon and 11,000 ice cream bars.

In 1976, lectures were offered all over campus and included topics such as Future Technologies, Alternative Living and Art and Entertainment. The Auto Tech group showcased electric cars, obviously slightly ahead of the trend. Edmund G, Brown, Jr., former Governor of California, even showed up to address the crowd at the track area.



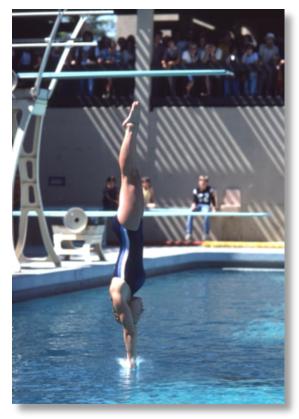
Contributions from companies such as Apple, Intersil and Alaska Airlines helped to reduce the cost of the event.



Young women competed in a contest to stand longest on one leg. The winner lasted over five hours!



Vendors were set up in the Sunken Garden, offering all sorts of hand-made items.



Diving contests were held at the pool. Notice this diver's form - entering the water perfectly straight, with both feet pointed up. A perfect 10!

After entertaining the public at De Anza Days for three decades, why did it not continue? Most of the campus staff that worked at the event were volunteers – those volunteers became much harder to come by as the years went on. And then there were the costs and the damages to the campus. In the 1970s over \$4,000 was spent each year on extra security, extra custodial services and extra electricity needed to power all of the shows. While \$4,000 seems low, even by 1970s standards, the cost was offset by funds collected from sponsors, artisans and food concessionaires who were selling their wares. The campus was built to handle up to 14,000 people at one time, but over 60,000 people showed up when the event was at its peak. Delivery trucks damaged lawns, shrubs and sprinkler heads and many vending machines were damaged due to vandalism. All of this was costly and was a distraction from the campus' primary mission education. So, sadly, we will not likely see De Anza Days again, but it sure looked like fun while it lasted!



Not all the diving was picture perfect. Clowns performed some crazy, acrobatic dives that were just as difficult as the perfect ones.



Is it "Fishing" or "Phishing?"

When you are out on a lake or the ocean with a fishing pole, that's "fishing." When someone tries to trick you into sending money or giving up personal information online or on the phone, that's "phishing."

Now you know what "phishing" is, but how can you prevent it from happening to you? Phishing schemes can be pretty complex, but if you follow a few guidelines and apply some common sense, you can avoid most phishing scams.

• Did you receive an email that you have won something? Click on the sender's email address to see if it differs from the one displayed. If the email appears to have come from Best Buy, saying that you won a free TV, but the true email address is not from Best Buy, do not respond. Toss the email in your trash or report the email as spam. Some email applications let you do this inside the program.

• Did you receive an email or a phone call asking for personal information? It's a very common for the scammer to pretend that they are someone that you know so that you will provide the information willingly. Always check the actual email address by clicking on the address to see if it matches the person that they claim to be. If the addresses don't match, it's likely a scam. Don't respond. Report it.

• Never click on unknown links or attachments. They might contain a virus, or might be set up to steal information or passwords. Web pages can even be created with hidden buttons that are beneath other buttons so that, when you click on the button that you can see, it activates another button beneath it that installs a virus or other malware.

• Look for generic greetings such as "dear customer" or "dear account holder." These are often signs that the email did not come from the person or organization that they claim to be.

• If the email indicates a sense of urgency, it might be a scam.

If you do fall for a phishing scam and provide personal information, such as a credit card number or bank information, what should you do?

- Change your email password right away. If a scammer gets access to your email, the criminal can use your address book to attack others while pretending to be you. Email is often used as a second form of authentication, so having access to your email may also allow the scammer to gain access to bank accounts or online sellers like Amazon, thus allowing them to order items on your account.
- If you think that your Social Security number may have been compromised, place a credit lock on all three major credit reporting agencies: Equifax, Experian and TransUnion. There are companies that will do this for a fee, but you can do it yourself at no cost. You will need to contact all three individually. You can remove the lock at any time if you need to apply for a loan or a credit card.



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FODARA COMMITTEES 2024

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	(<u>roblesgeorge@fhda.edu</u>), Lisa Markus (<u>markuslisa@fhda.edu</u>)	
After-Words email delivery	Cindy Castillo (<u>cindycastillo@comcast.net</u>)	
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Scholarships	Mike Brandy (<u>brandymike@gmail.com</u>)	
Social Events	Linda Conroy (<u>Isiqcon@aol.com</u>), La Donna Yumori-Kaku	
	(yumorikakyladonna@fhda.edu)	

FODARA CALENDAR 2024

Holiday Party Board Meeting Valentine Party Thurs, Dec 12, 11:30 am Tues, Jan 7, 1pm Thurs, Feb 13, 3pm

De Anza Conference Room B Treasurer's Treasurer's