

Pollan, *In Defense of Food* Introduction

Part One – 15 minutes

Take a few minutes to introduce yourself to your small discussion group. Exchange contact info. You will work with this same group of students each class session for the first three weeks of this class.

Now turn your attention to Pollan's Introduction. Here is your discussion topic: **What is this book about?** Agree together on a list of five main ideas that you feel are essential to understanding the first 15 pages of *In Defense of Food*. Jot your list into your Journal.

Part Two – 15 minutes

Journal Writing: Using the list your small group created, **write a one-paragraph summary of Pollan's Introduction.** Be sure your paragraph is unified, coherent, and well developed. Prepare to read this aloud to the class.