

Adapted Physical Education Mission Statement

The Mission of the De Anza College Adapted Physical Education program is to provide students with disabilities accommodations necessary for equal and effective participation in Physical Education experiences.

Adapted Physical Education Program

APE – PLO - #1

Within the context of their disability, students will state that his/her physical and psychosocial well-being has been positively affected through their participation in the Adapted Physical Education courses.

APE – PLO - #2

Within the context of their disability, students will state that the accommodations they received in the Adapted Physical Education program have afforded them equal and effective access and participation in Physical Education activities.

APE Courses:

SLOs for Total Adapted Fitness (PEA 1):

PEA 1 - SLO#1: Within the context of a student's disability, he/she will be able to demonstrate that his/her physical wellbeing has been positively effected through the Adapted Total Fitness course

PEA 1 - SLO#2: Within the context of a student's disability, he/she will be able to demonstrate that his/her psychosocial wellbeing has been positively affected through the Adapted Total Fitness course

SLOs for Adapted Strength (PEA 2):

PEA 2 - SLO#1: Within the context of a student's disability, he/she will be able to demonstrate that his/her physical wellbeing has been positively affected through the Adapted Strength course

PEA 2 - SLO#2: Within the context of a student's disability, he/she will be able to demonstrate that his/her psychosocial wellbeing has been positively affected through the Adapted Strength course

SLOs for Adapted Aerobics (PEA 4):

PEA 4 - SLO#1: Within the context of a student's disability, he/she will be able to demonstrate that his/her physical wellbeing has been positively affected through the Adapted Aerobics course

PEA 4 - SLO#2: Within the context of a student's disability, he/she will be able to demonstrate that his/her psychosocial wellbeing has been positively affected through the Adapted Total Aerobics course

SLOs for Adapted Aquatics (PEA 5):

PEA 5 - SLO#1: Within the context of a student's disability, he/she will be able to demonstrate that his/her physical wellbeing has been positively affected through the Adapted Aquatics course

PEA 5 - SLO#2: Within the context of a student's disability, he/she will be able to demonstrate that his/her psychosocial wellbeing has been positively affected through the Adapted Aquatics course

SLOs for Adapted Outdoor Education (PEA 6):

PEA 6 - SLO#1: Within the context of a student's disability, he/she will be able to demonstrate that his/her physical wellbeing has been positively affected through the Adapted Outdoor Education course

PEA 6 - SLO#2: Within the context of a student's disability, he/she will be able to demonstrate that his/her psychosocial wellbeing has been positively affected through the Adapted Outdoor Education course

APE Services:

APE SSLO #1:

Within the context of their abilities and educational need, the students will be able to register in APE courses using their priority registration status and the APE registration assistance process.

APE SSLO #2:

Within the context of their abilities and educational need, the students will be able to successfully participate in their APE courses with a trained exercise assistant.

APE SSLO #3:

Within the context of the student's disability the students will demonstrate the ability to properly use the adapted equipment.