De Anza College
21250 Stevens Creek Blvd.
Cupertino, CA 95014
408-864-5678
www.deanza.edu

Academic Year

2020 - 2021

Associate in Arts in Kinesiology for Transfer (A.A.-T.)

Physical Education and Athletics Division
Bldg. PE-4, Room PE-41C
408-864-8751

Find your counselor at
deanza.edu/our-counselors

Please visit your counselor to apply for certificates or degrees and for academic planning assistance.

A.A.-T./A.S.-T. Associate Degree for Transfer Requirements

1. Completion of all major courses with a C grade or higher. Major courses may be used to satisfy GE requirements.
2. Completion of either the California State University General Education-Breadth pattern (CSU GE) or the Intersegmental General Education Transfer Curriculum (IGETC) pattern in full; students transferring to CSU using IGETC must complete Area 1C.
3. Completion of a minimum of 90 CSU-transferable quarter units with a minimum overall GPA of 2.0 in all CSU-transferable units.

Note: While a minimum 2.0 GPA is required for admission to CSU, many majors and campuses require a higher GPA. Please consult with a counselor or academic adviser.

Note: A minimum of 18 degree-applicable quarter units must be earned at De Anza College.

Associate in Arts in Kinesiology for Transfer

A.A.-T. Degree

The Kinesiology major consists of courses appropriate for an Associate in Arts in Kinesiology for Transfer degree, which provides a foundational understanding of the discipline, a breadth of coursework in the discipline and preparation for transfer to any CSU that accepts the Transfer Model Curriculum (TMC). The Associate in Arts in Kinesiology for Transfer is intended for students who plan to complete a bachelor's degree in Kinesiology (or an approved similar major) at a CSU campus. Students completing this degree are guaranteed admission to the CSU system, but not to a particular campus or major. Students transferring to a CSU campus that does accept this degree will be required to complete no more than 60 (semester) units after transfer to earn a bachelor's degree. This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. In all cases, students should consult with a counselor for more information on university admission and transfer requirements.

Program Learning Outcomes: Upon completion, students will be able to

- Display increasing confidence in the ability to use a range of speaking, listening and collaboration skills
- Apply fitness concepts to individuals seeking training programs
- Analyze, evaluate and respond to requests for individualized fitness programs by weighing research, examining evidence and critical reasoning
- Display competence in a variety of sports and activities

1. Meet the A.A.-T./A.S.-T. degree requirements for transfer.
2. Complete the following.

Required Core:		**20**
BIOL 40A	Human Anatomy and Physiology	5
BIOL 40B	Human Anatomy and Physiology	5
BIOL 40C	Human Anatomy and Physiology	5
KNES 45	Introduction to Kinesiology	5

List A - Complete a minimum of one unit from three different areas: **3**

Area 1 - Aquatics:
KNES 1A, 1B, 1C, 1CX, 1D, 1DX, 2A, 2AX

Area 2 - Combatives:
KNES 12D, 12DX, 12E, 12EX

Area 3 - Dance:
DANC 22K, 22L, 22M, 23A, 23B, 23C, 23L, 23M, 24A, 24B, 25A, 25B, 37A, 37B, 37C

Area 4 - Fitness:
DANC 22
KNES 2B, 2BX, 5A, 5AX, 5B, 5BX, 6A, 6AX, 7A, 7AX, 11A, 11AX, 15A, 15AX, 15C, 15CX, 15E, 15EX, 15EY, 16A, 16AX, 16AY, 19A, 19AX, 19D, 19DX, 19E, 19EX, 19G, 19GX, 22A, 22AX, 22B, 22BX, 22C, 22CX, 22D, 22DX, 22E, 22EX, 25A, 25AX, 26A, 26AX, 26B, 26BX, 42C, 42CX

Area 5 - Individual Sports:
KNES 12H, 12HX, 12J, 12JX, 29A, 29B, 30A, 30B, 30BX, 30C, 31A, 31AX, 31B, 31BX, 31C, 31CX, 32A, 32AX, 32B, 32BX, 32C, 32CX, 32D, 32DX

Area 6 - Team Sports:
KNES 36A, 36AX, 37A, 37AX, 37B, 37BX, 37C, 37CX, 37E, 38A, 38AX, 38B, 38BX, 38C, 38CX, 39A, 39AX, 39B, 39BX, 39C, 39CX

List B - Complete two courses:		**10**
BIOL 11	Human Biology (5)	
CHEM 30A	Introduction to General, Organic and Biochemistry I (5)	
MATH 10	Introductory Statistics (5)	
or MATH 10H	Introductory Statistics - HONORS (5)	

Major	*Kinesiology for Transfer*	*33*
Transfer GE	*CSU GE or (IGETC for CSU) (47-61 units)*	
Electives	*CSU-transferrable elective courses required when the major units plus transfer GE units total is less than 90*	
	Total Units Required	**90**