



Health Services Advisory Committee  
Nov 23, 2015  
Don Bautista Conference Room  
11:30 – 1:30pm

Attendees

Mary Sullivan, Michele LeBleu-Burns, Sylvia Rueda, Siew Kuek, Lisa Bowie, Judith Clavijo, Jean Burke, LaDonna Yumori-Kaku, Becky Mallinson, C.J. Jones, Michelle Bounkousohn, Brittany Frederickson (Cognetta, Kauwelo unavailable)

Welcome & Introductions

Review of purpose of Advisory Committee & confidential agreement signed (Sullivan)

Four components of Student Health Services review:

Health Clinic & Front office (Sullivan)

- a. 1 MD & 3 NPs – 5 days/ week coverage + late hours Mon, Wed & Thurs to increase availability to evening students; Usually 30 minute visits length, with 15-25 student appts/day
- b. Focus: STI, reproductive system health, general health education
  - i. Office update – welcoming environment: gender inclusivity forms, language (English, Spanish, Chinese, Vietnamese), Gender inclusivity forms & supplies, Equity walk through.

Psychological Services (Kuek)

- a. 4 interns – has 217 cases as of today (9/23/15 – present)
- b. Moving to new space (in Student & Community Services bldg.) in Jan 2016, which will ease appt/referral process. Currently challenging to schedule appts, as students must call or go to Health Services office to schedule appts. New space will allow ability to run group sessions on site.
- c. Kuek clarified though Health Services offer workshops on sexual harassment Title IX & LGBTQI issues – we are not the sole owners or have control of these areas.

Health Education & Wellness (Friederickson/Sullivan/Song)

- a. Staffing includes one 30 hr position, 2 Temporary Employment Positions (TEA) and a 10 hr/week Ph.D. candidate.
- b. Great American Smoke-out 11/20/15 interfaced w students about becoming tobacco free.
- c. “Escalation” workshop on intimate partner violence (IPV) planning in progress. Reaching out to Human Sexuality instructors (classroom presentations), and relationship workshops (connect in with Valentines event).
- d. Club Day – It’s On Us campaign presenting 250 shirts to students who made a personal pledge, and many more signed banner & pledged when shirts ran out! See [Facebook](#) page. Collaboration w Santa Clara County Public Health (SCCPH), who tabled “dildo” game & consent video loop.
- e. Free Flu clinic(Oct 14, 15, 21, 22) – 4 day event vaccinating over 520 students (more than last year) staffed with DeAnza’s student nurses assistance. First time using inside venue (Don Batista room), which was successful, and will be continued.
- f. Blood Drive (10/28/15) with Stanford Blood Center in Conf A & B w ~ 20 donation station/chairs – even had 2 double red cell donation options for students. Exceeded goal of 114 – collected 165 units!
- g. Tolerance Day event (11/19/15) – a national event promoting acceptance and respect though craft activity: wrist bands, decorating buttons w personal statements.

- h. Tobacco Cessation – not a large population of smokers on campus now. Biggest problem is vaping, which is just as large a health concern. Education is our push. Designated smoking areas attract non DAC individuals. The district will be moving toward a full “smoke-free campus.”
- i. Walk a mile ongoing program – every T, W, & Thur 11:30-12:30pm on track. Offer students opportunity to walk/talk with RNs and gain credits from instructors.
- j. Chill City (12/3/15) – Furry Friends (dogs for petting) to relieve stress before finals; chair massages (kinesiology students), B/P check (Allied Health students), free scantrons & granola bars.
- k. Future event in April with DASB acknowledging Sexual Assault Awareness month of April. Will include workshops/events the 3<sup>rd</sup> week of Spring quarter – culminating on Thursday with Club Day and handing out It’s On Us shirts and pledges again!
- l. Website
  - a. Has Sexual Assault resources (how to prevent; what to do if happens; with goal to educate all); list of college & community phone numbers.
  - b. Move toward education with Facebook postings rather than via paper.

Program concerns: Limited space in Health office for clinic & HE&W staff (2 exam rooms & 4 offices) restricts ability to gain MediCal accreditation and expand services. Psych Services will move out of counseling dept (in Student & Comm. Services bldg.) into their own space, and HE&W staff might be able to occasionally use space there.

Program Suggestions/Recommendations from Advisory committee:

The committee: was asked: What are suggestions to meet the needs and concerns for DeAnza student?

- Installing a drop box for student concerns or contact person (Title IX office is Stacey Cooke; and Advocate program coming for student input).
- Offer nap space or massage chair (will explore cost of 2 chairs outside Health Services)
- Winter Club day – back up plan -consider reserving indoor room incase of rain).
- Add Facebook info onto our Hand Sanitizer freebie.
- Outreach to long lines on campus (DASB photo, A&R registration...)
- Consider purchasing FB advertisements to our FB page.
- Continue community building & partnerships with other college entities (Transfer Day...)
- Consider handing out folders with DA on front, possible calendar or HE&W events and emergency numbers...and Health Services info.
- Canvas faculty members who would be willing to champion Health Services.
- Address/educate about the many forms of Harassment (text, verbal, physical, email, FB).
- Streamline response to assault → “buck stops here”
- Team up with DASB events.
- Consider having an info table about Health Services at blood drive.

Next meeting: March 7, 2016.

Thank you to the speedy note taking of Sylvia Rueda & Veronica Song for collecting meeting thoughts.

Submitted by Mary Sullivan