# Health Services Advisory Committee November 18, 2013 Don Bautista Conference Room 11:30 – 1:30

## Attendees

Mary Sullivan, Michele LeBleu-Burns, Sylvia Rueda, Alana Hernandez, Teddy Simpson, Lisa Bowie, Judith Clavijo, LaDonna Yumori-Kaku, Susan Lake, Cynthia Tiara Putri. (Cognetta, Santosh, & Brittle unavailable)

#### Introductions

Review of purpose of Advisory Committee (Sullivan)

## Overview of Student Health Services components (Sullivan)

- Clinical Services 1 MD; 2 part time NP have 20 min appts Mon-Wed. ~1,300 visit during 2012-2013 year. Currently able to get students appointment that day or by next clinical day. Trying to get practitioner in office on Thursday as well. Staffing is at 5.45 FTEs.
  - Injection given since July 1, 2013 at ~700 vaccinations (MMR, Tdap, HepB, Vaicella); #943 influenza (w ~800 given during 4 day outdoor flu clinic); TB shortage started in August w limited supply available. Clinic continues to triage use.
- Health Education & Wellness Visited all 83 summer orientation classes to educate on services available to students. Quarterly events include: Club day (~ 250 student contacts); HIV van w SCCPH (18 tested); Blood Drive (high level of double red blood cells); Affordable Care Act/CoverCa.com education (3 tabling days & 2 workshops) and Assault education/tabling w AACI [Asian Americans for Community Involvement] (2-3 days). Two remaining events are Great American Smoke Out and Chill City. Hernandez & Simpson updated Tobacco Cessation program and plans for monthly outreach on current health topics in main quad.
- Psychological Services Dr. Siew Kuek detailed the process and services, w 5 post-doc interns, located in the Counseling Department area. This allows anonymity for students seeking services.
- Online Services 6% (~4,000 students) are online only students. Sullivan reviewed services available through website. Hernandez & Simpson described Student Health 101 online magazine w custom pages addressing current issues (sleep, sexual health, financial planning...). Shared data that 100% of those how viewed the magazine filled out survey & 70% gave feedback. Health Services webpage available for smartphones & working on facebook link.

### Budget report (LeBleu-Burns)

- 2012-2013 revenue \$1,292,119 (student health fees)
- 2012-2-13 expenditures \$1,017,672 (supplies, equipment, meds/vaccines, staffing)
- Remaining funds directed toward additional of services/staff (hiring clinical director, and Nurse Practitioner) and future needs- Electronic Medical Records, and expansion of

Health Services office space planned for 2015. We strive to expand and provide the services that the students pay for to meet the ever changing wellness needs of DeAnza students.

## Program Suggestions/Recommendations

The committee: was asked: What are suggestions to meet the needs and concerns for DeAnza student?

- "No means No" safe flyer enlarged and posted in classrooms, bathrooms; Marketing dept is working on publications, and plasma screen monitors around campus.
- Offer educational "fly-by" workshops for DeAnza employees on who is a threat, who is not Kuek responded that Psych services w ACCI is planning future events on this topic.
- Address needs of homeless students clean hygiene kits, possible give some to PE dept (C.J. Jones) to handout as need arise in locker room.
- Yumori-Kaku shared that ICCE has food cupboard available for students in need.
- Consider having marketing freebies (lanyards) w Health Services info to give students as they get their photo ID.
- Students that are single parent need list of resources (what to do w sick kids, deal w increased workload, school...). Use "211" services for housing, food...
- Alcoholism issues exploring the purchase of online "E-Check" educational program, to be incorporated into student orientations.
- Consider repeating "non-alcoholic drink tasting" event, w keg of rootbeer, choc milk shots, virgin margaritas...
- Chill City scheduled for 12/5/13...consider adding additional day.

Next meeting: March 11, 2014.

Thank you to the speedy note taking of Sylvia Rueda for collecting meeting thoughts.

Submitted by Mary Sullivan