## Holland's Interest Types (A Quick Inventory)

In rank order, place a number (1-6) in the box next to the type that sounds most like you. #1 is most like you - and #6 is least like you.

|    | R                           | People who have athletic or mechanical ability.                        | Practical     |
|----|-----------------------------|--|---------------|
| #  |                             | They prefer to work with objects, machines, tools,                     | Self-reliant  |
|    | Realistic The Doers         | plants, or animals, or to be outdoors. Hands-on                        | Stable        |
|    | The Doers                   | people who enjoy making and fixing things.                             | Physical      |
|    |                             |  |               |
| #  | I                           | People who like to observe, learn, investigate,                        | Analytical    |
|    | T                           | explore, understand, evaluate, or solve problems.                      | Independent   |
|    | Investigative               | Independent thinkers who enjoy complex and                             | Intellectual  |
|    | The Problem Solvers         | abstract mental challenges.  | Curious       |
|    |                             |  |               |
| #  | <b>A</b>                    | People who have inborn artistic abilities, can think                   | Creative      |
|    |                             | up new ideas or like to work in unstructured                           | Idealistic    |
| ., | Artistic                    | situations, using their imagination, inventiveness,                    | Expressive    |
|    | The Creators                | or creativity. Prefer to work independently.                           | Emotional     |
|    |                             |  |               |
|    | S                           | People who like to work with people - to inform,                       | Helpful       |
| #  |                             | enlighten, help, educate, or cure them. Skilled                        | Sociable      |
|    | Social                      | with words. Persons who easily share feelings and                      | Generous      |
|    | The Helpers                 | enjoy being in groups.   | Understanding |
|    | •                           |  |               |
| #  | Е                           | People who like to work with people - influencing,                     | Persuasive    |
|    |                             | persuading, or performing, leading or managing for                     | Ambitious     |
| "  | Enterprising The Persuaders | personal profit, gain, or growth. Often found in leadership positions. | Assertive     |
|    |                             |  | Talkative     |
|    |                             | ·  |               |
| #  | C                           | People who like to work with data, information, or                     | Orderly       |
|    |                             | numbers, and are systematic or organized in                            | Accurate      |
|    | Conventional                | carrying out details or following through on                           | Efficient     |
|    | The Organizers              | other's ideas or instructions.   | Practical     |
|    |                             | 1  |               |

#1

#2

#3