DE ANZA COLLEGE  
Division of Physical Education and Athletics  
PE 99 Orientation to Athletics  
Term: Winter 2014

Class Meeting: Fri 1/31/14 1:30 pm - 5:15 pm  
Units: 1  
Class Location: ADM101  
Office Hours: Tues 7:00 – 8:00 pm (Jan-Feb)

Instructor: Mark Landefeld  
E-mail: landefeldmark@deanza.edu  
Phone: 408-864-8541  
Office Location: PE 51A

Course Description:  
An introduction to De Anza College Intercollegiate Athletics. An orientation to the De Anza College Physical Education and Athletics Division programs, policies, services, requirements, transfer, etc. Topics discussed will be eligibility, decorum, team rules, college rules, NCAA rules, CCCAA rules, medical information, insurance, nutrition, alcohol awareness, drug education, sexual responsibility, team work, leadership, time management and study skills. Academic and Athletic success will be the focus.

Student Learning Objectives:  
1. Demonstrate an understanding of regulations pertaining to athletic eligibility at De Anza and transfer eligibility to NCAA / NAIA institutions.  
2. Demonstrate an understanding of policies regarding De Anza College athletes and their role in the campus community  
3. Demonstrate an understanding of leadership roles in the variety of situations where an intercollegiate student-athlete is potentially involved

TEXT:  

General:  
No Cell Phones, iPods or other headsets allowed – PLEASE TURN THEM OFF BEFORE CLASS STARTS! Violations of this policy are grounds for dismissal from class and no credit earned by student.

Attendance:  
Students are expected to be punctual. Repeated tardiness is grounds for dismissal from class and no credit earned.

Make-up Sessions: Make-ups will be conducted in late January. Your coach will get information on these sessions.

Grading/Requirements of the class:  
Exam 100%

Grading Scale:  
60% - 100% = “Credit”  
Below 60% = “No Credit”

Classroom Courtesy:  
Will be exercised at all times. Students will treat other students and the instructor with respect.
Make-up Class Resources

Mentors in Violence Prevention:

Session will be conducted on Friday, January 31st from 1:30 – 5:30 PM, Admin 101

Make-up sessions (video):

The following link should connect the student with the Kanopy Streaming web site. At that web site, the student can watch the course videos: “Hip-Hop: Beyond Beats and Rhymes” and “Killing Us Softly 4”:

Video link: http://deanza.kanopystreaming.com/s-homepage

From OFF-CAMPUS locations, the following information will be need to watch the videos:

User: PE99MarkL
Password: PE99_LandMark

YouTube videos:

View the following sessions prior to taking the exam. (Earphones are suggested as the AV quality is poor) –

“Student Rights and Responsibilities” -- http://www.youtube.com/watch?v=KMtgoS6aWGQ

“Health Services” -- http://www.youtube.com/watch?v=w1gwFUu0XCc

“Introduction to De Anza Athletics / Transfer Eligibility” -- http://youtu.be/Q8YxoXLeQU0

Time Management

Go to: https://www.studentlingo.com/foothill

Please take the following module “Time Management: Strategies For Success”